



Parents as Teachers

# Child Health Record

Child's name: \_\_\_\_\_ Due date/birth date: \_\_\_\_\_

Gender: \_\_\_\_\_ Form completion date: \_\_\_\_\_

Adjusted age of child in months (for children up to 3 years of age who were born preterm): \_\_\_\_\_

Is this the first Child Health Record?  Yes  No

## Pregnancy history

### Prenatal

Dates of prenatal care visits to obstetrician: \_\_\_\_\_

Mother uses/used folic acid supplements during pregnancy?

Yes  No

Frequency of folic acid use (select one):

2 or fewer times per week  3 to 4 times per week  
 5 or more times per week

Mother uses/used vitamin supplements during pregnancy?

Yes  No

Frequency of vitamin use (select one):

2 or fewer times per week  3 to 4 times per week  
 5 or more times per week

Baby exposed to neurotoxins before birth? (check all that apply):

Alcohol  Amphetamines  Barbituates  Caffeine  Cocaine/crack  Inhalants  Marijuana  
 Mercury  Nicotine/cigarettes  Opioids/heroin  Pesticides  
 Other (please specify): \_\_\_\_\_

Mother diagnosed with (check all that apply):

Ectopic pregnancy  Gestational diabetes  Low amniotic fluid  Preeclampsia  Placenta previa  
 Other (please specify): \_\_\_\_\_

High-risk pregnancy?

Yes  No

Did this pregnancy result in (check one):

Miscarriage  Stillborn birth  Live birth

Pregnancy notes:

## Labor and delivery

Type of delivery:  Caesarean section     Vaginal    Difficulty?  Difficulty during labor     Difficulty during delivery

Birth weight: \_\_\_\_\_ pounds \_\_\_\_\_ ounces    Weeks of gestation (when baby was born): \_\_\_\_\_

Special conditions at birth (check all that apply):  
 Congenital heart disease     Jaundice     Spina bifida     Down syndrome     Sickle cell anemia  
 Other (please specify): \_\_\_\_\_

## Postpartum

Only need to answer if child is 12 months or younger.

Child was breastfed?  Yes     No

If yes: How long was the child breastfed?  Less than 3 months  
 3 to 5 months     6 to 9 months  
 More than 9 months     Still in progress

Where was breastfeeding initiated?  
 In the hospital     In the home

Is child exclusively breastfed?  
 Yes     No

Date(s) of postpartum visit(s):  
 \_\_\_\_\_

## Health Review

Medical visits and conditions					
Dates of well-child visits					
5 days		9 months		2.5 years (30 months)	
1 month		12 months		3 years	
2 months		15 months		4 years	
4 months		18 months		5 years	
6 months		2 years (24 months)			



**Immunizations up to date?**  Yes  No

Date last received immunizations: \_\_\_\_\_

If not up to date, please specify why not: \_\_\_\_\_

**Primary location for child's regular medical checkups and sick care** (select one):

- Doctor's/nurse practitioner's office   
 Hospital emergency room   
 Hospital outpatient  
 Federally qualified health center   
 Retail store or minute clinic   
 Unknown/did not report   
 None  
 Other (please specify): \_\_\_\_\_

**Child has had any illness with high fever (104°F or more) longer than two days.**  Yes  No

**Medical conditions** (check all that apply):

- |  |   |
|--|---|
| <input type="checkbox"/> Acquired immunodeficiency syndrome (AIDS) | <input type="checkbox"/> Hearing impairment                 |
| <input type="checkbox"/> Asthma and respiratory allergies          | <input type="checkbox"/> Heart disease/defects              |
| <input type="checkbox"/> Cancer                                    | <input type="checkbox"/> Human immunodeficiency virus (HIV) |
| <input type="checkbox"/> Cerebral palsy                            | <input type="checkbox"/> Juvenile arthritis                 |
| <input type="checkbox"/> Cystic fibrosis                           | <input type="checkbox"/> Overweight and obesity             |
| <input type="checkbox"/> Diabetes                                  | <input type="checkbox"/> Prematurity and low birth weight   |
| <input type="checkbox"/> Digestion disorders                       | <input type="checkbox"/> Sickle cell disease                |
| <input type="checkbox"/> Emotional/mental health disorders         | <input type="checkbox"/> Spina bifida/neural tube defects   |
| <input type="checkbox"/> Feeding difficulties in early childhood   | <input type="checkbox"/> Visual impairment                  |
| <input type="checkbox"/> Fetal alcohol spectrum disorder (FASD)    | <input type="checkbox"/> Other (please specify): _____      |
| <input type="checkbox"/> Genetic disorders                         |   |

**Developmental conditions** (check all that apply):

- |  |   |
|--|---|
| <input type="checkbox"/> Acquired brain injury and selected neurological disorders | <input type="checkbox"/> Disruptive behavior disorders      |
| <input type="checkbox"/> Attention deficit hyperactivity disorder (ADHD)           | <input type="checkbox"/> Learning disabilities              |
| <input type="checkbox"/> Autism spectrum disorders (ASD)                           | <input type="checkbox"/> Motor delay and movement disorders |
| <input type="checkbox"/> Communication, language, and speech disorders             | <input type="checkbox"/> Sensory processing disorder        |
| <input type="checkbox"/> Developmental disabilities – not otherwise specified      | <input type="checkbox"/> Other (please specify): _____      |

**Allergies** (check all that apply):

- Environmental   
 Food   
 Medicines   
 Other (please specify): \_\_\_\_\_

**Child's health insurance** (check all that apply):

- No insurance coverage   
 TRICARE   
 Unknown   
 No insurance, accessing Indian Health Service  
 Title XIX (Medicaid/Title XXI – state children's insurance program)   
 Private or other   
 Did not report

<p><b>Emergency room visits</b></p> <p>Date of visit: _____</p> <p>Reason for visit:  <input type="checkbox"/> Injury   <input type="checkbox"/> Illness   <input type="checkbox"/> Poison  <input type="checkbox"/> Other (please specify): _____</p> <p>Referred by health care professional:   <input type="checkbox"/> Yes   <input type="checkbox"/> No</p>	<p>Date of visit: _____</p> <p>Reason for visit:  <input type="checkbox"/> Injury   <input type="checkbox"/> Illness   <input type="checkbox"/> Poison  <input type="checkbox"/> Other (please specify): _____</p> <p>Referred by health care professional:   <input type="checkbox"/> Yes   <input type="checkbox"/> No</p>
<p>Date of visit: _____</p> <p>Reason for visit:  <input type="checkbox"/> Injury   <input type="checkbox"/> Illness   <input type="checkbox"/> Poison  <input type="checkbox"/> Other (please specify): _____</p> <p>Referred by health care professional:   <input type="checkbox"/> Yes   <input type="checkbox"/> No</p>	<p>Date of visit: _____</p> <p>Reason for visit:  <input type="checkbox"/> Injury   <input type="checkbox"/> Illness   <input type="checkbox"/> Poison  <input type="checkbox"/> Other (please specify): _____</p> <p>Referred by health care professional:   <input type="checkbox"/> Yes   <input type="checkbox"/> No</p>
<p><b>Medicines and supplements taken regularly</b> (check all that apply):</p> <p><input type="checkbox"/> Over-the-counter drugs   <input type="checkbox"/> Ear drops   <input type="checkbox"/> Vitamin supplements   <input type="checkbox"/> Antibiotics   <input type="checkbox"/> Eye ointment  <input type="checkbox"/> Asthma inhalers   <input type="checkbox"/> Other (please specify): _____</p>	
<p><b>According to the health care provider, are child's size and weight OK?</b>   <input type="checkbox"/> Yes   <input type="checkbox"/> No</p> <p>If no, please specify concerns about child's size or weight: _____</p>	
<p><b>Child has been screened for anemia?</b>   <input type="checkbox"/> Yes   <input type="checkbox"/> No</p> <p>If yes, please specify results of anemia screening: _____</p>	
<p><b>Child has been screened for lead levels?</b>   <input type="checkbox"/> Yes   <input type="checkbox"/> No</p> <p>If yes, please specify results of lead screening: _____</p>	

## Dental review

Brushing teeth, flossing, and/or cleaning gums is part of the child's daily routine? (select one):

Always  Sometimes  Never

Child falls asleep with a bottle? (select one):  Always  Sometimes  Never

Parent has concerns about the child's teeth or gums?  Yes  No

If yes, please specify concerns about teeth or gums: \_\_\_\_\_

Child has a source of dental care?  Yes  No

Child has regular dentist appointments?  Yes  No

Child had his/her first dental appointment?  Yes  No

*According to the American Academy of Pediatric Dentistry, a dental home enhances the dental professional's ability to assist children and their parents in the quest for optimum oral health care, beginning with the age 1 dental visit for successful preventive care and treatment as part of an overall oral health care foundation.*

## Safety review

### For children up to 12 months

Does child bed-share? (select one):  Always  Sometimes  Never

Is child placed on his/her back to sleep? (select one):  Always  Sometimes  Never

Is there soft bedding in the area the child sleeps in? (select one):  Always  Sometimes  Never

### For all children

Is child exposed to secondhand smoke? (select one):  Always  Sometimes  Never

Notes regarding secondhand smoke exposure: \_\_\_\_\_



### Safety review (continued)

There is at least one working smoke detector on each floor where the family resides.

Child rides in an approved car seat according to state law.

*General guidelines: Rear-facing safety seat in the back seat from birth to age 2 and forward-facing safety seat in the back seat until at least age 5.*

If child is involved in biking, skating, riding a scooter, or similar device, a helmet is used.

Home is childproofed (for example, to prevent accidental poisoning, choking, and other injuries).

Family has a plan and supplies in case of an emergency in the home or natural disaster.

Date Health Review completed: \_\_\_\_\_

## Hearing Review

Hearing review			
<b>For children up to 12 months</b> (select one):			
Child had a new born hearing screening?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Parent/guardian is unsure
<i>If parent/guardian indicates child did not have a new born hearing screening or is unsure, the parent educator should help the parent/guardian follow up.</i>			
If yes: Newborn hearing screening record obtained	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Newborn hearing screening results:	<input type="checkbox"/> Pass	<input type="checkbox"/> Fail	<input type="checkbox"/> Unknown
Newborn hearing screening follow-up recommended?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Newborn hearing screening follow-up obtained?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> N/A
Additional information: _____			
<b>For all children</b>			
Child has had ear infections? <input type="checkbox"/> Yes <input type="checkbox"/> No		What were the treatments?	
If yes, number of ear infections:		<input type="checkbox"/> Antibiotics <input type="checkbox"/> Ear tubes	
<input type="checkbox"/> 1 or 2 times <input type="checkbox"/> 3 or 4 times <input type="checkbox"/> 5 or 6 times		<input type="checkbox"/> Other (please specify): _____	
<input type="checkbox"/> 7 or more times			
Child's hearing has been checked by a health care provider in the last 12 months: <input type="checkbox"/> Yes <input type="checkbox"/> No			
Results of the hearing check: _____			
Child has had an audiology exam in the last 12 months:		Who did the audiology exam?	
<input type="checkbox"/> Yes <input type="checkbox"/> No		_____	
Date of the latest audiology exam: _____		Documentation of the audiology exam obtained?	
		<input type="checkbox"/> Yes <input type="checkbox"/> No	
Results of the audiology exam: _____			

## Hearing review (continued)

*Answer questions 1 through 8 for children under 2 years; answer questions 6 through 12 for children 2 years and older.*

1. Reacts to sudden loud noises.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
2. Turns head toward interesting sounds or when name is called.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
3. Coos to himself and makes noise when he is alone.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
4. Uses voice to get attention.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
5. Tries to imitate you if you make his own sounds.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
6. Seems to hear you if you talk in a whisper.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
7. Seems to speak as well as other children the same age.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
8. Has a family history of hearing problems.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
9. Seems to have difficulty hearing.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
10. Needs the television louder than other members of the family.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
11. Seems to favor one ear over the other.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
12. Makes you talk loudly or repeat frequently.	<input type="checkbox"/> Yes	<input type="checkbox"/> No

*A “no” answer for items 1 through 7 indicates the need for discussion and follow-up. A “yes” answer for items 8 through 12 indicates the need for discussion and follow-up.*



Audiology tests (optional)				
Screening tool:	Administered by (select one):	Date Completed:	Left ear (select one):	Right ear (select one):
OAE	<input type="checkbox"/> Parent educator <input type="checkbox"/> Supervisor <input type="checkbox"/> Contracted screener <input type="checkbox"/> Health care provider		<input type="checkbox"/> Can't test <input type="checkbox"/> Refer <input type="checkbox"/> Pass	<input type="checkbox"/> Can't test <input type="checkbox"/> Refer <input type="checkbox"/> Pass
Tympanometry	<input type="checkbox"/> Parent educator <input type="checkbox"/> Supervisor <input type="checkbox"/> Contracted screener <input type="checkbox"/> Health care provider		<input type="checkbox"/> Can't test <input type="checkbox"/> Refer <input type="checkbox"/> Pass	<input type="checkbox"/> Can't test <input type="checkbox"/> Refer <input type="checkbox"/> Pass
Audiometry	<input type="checkbox"/> Parent educator <input type="checkbox"/> Supervisor <input type="checkbox"/> Contracted screener <input type="checkbox"/> Health care provider		<input type="checkbox"/> Can't test <input type="checkbox"/> Refer <input type="checkbox"/> Pass	<input type="checkbox"/> Can't test <input type="checkbox"/> Refer <input type="checkbox"/> Pass
<p><i>Note: OAE, tympanometry, and/or audiometry can be beneficial but are not required to meet the PAT Essential Requirements.</i></p>				
<p>Comments/suggestions:</p>				

Date Hearing Review completed: \_\_\_\_\_

## Vision Review

### Vision review

Child had an eye exam by a pediatrician, eye doctor, or other qualified professional in the last 12 months?  Yes  No

Date of latest eye exam: \_\_\_\_\_ Who did the eye exam? \_\_\_\_\_

Results of the eye exam: \_\_\_\_\_

Documentation of the eye exam obtained?  Yes  No

### The child:

1. Has eye crossed – turning in or out – at any time, or eyes that do not appear straight, especially when child is tired.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
2. Has reddened eyes or eyelids.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
3. Has encrusted eyelids.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
4. Has frequent styes (pimples on the eyelid).	<input type="checkbox"/> Yes	<input type="checkbox"/> No
5. Has eyes that appear to move more than other people's eyes do.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
6. Has eyelids that droop.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
7. Has white spots or cloudiness covering some or all of the center of the eye.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
8. Complains of burning, itching, or pain in the eyes.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
9. Stares at bright lights frequently or repeatedly flicks objects in front of face.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
10. Is bothered by light more than you are.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
11. Exhibits a pupil (the dark center of the eye) that seems larger or smaller than the pupil in other children's eyes.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
12. Complains of headache or nausea.	<input type="checkbox"/> Yes	<input type="checkbox"/> No

*A yes answer for any item 1 through 12 indicates the need for discussion and follow-up.*

### Vision review (continued)

13. Has watery eyes.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
14. Complains of tired eyes; rubs eyes often.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
15. Moves the head forward or backward while looking at distant objects.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
16. Turns the head to use one eye only (closes or covers one eye).	<input type="checkbox"/> Yes	<input type="checkbox"/> No
17. Tilts the head to use one side often or all the time.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
18. Places an object close to the eyes to look at it.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
19. Squints while looking at objects.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
20. Blinks more than you do.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
21. Has difficulty walking or running; trips over objects more often than others do.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
22. Is unable to see distant objects.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
23. Has a family history of lazy eye or vision problems.	<input type="checkbox"/> Yes	<input type="checkbox"/> No

*A “yes” answer for three or more items on 13 through 23 indicates the need for discussion and follow-up.*

### Functional vision (optional)

Who administered the screening? (select one):

- Parent educator     Supervisor     Contracted screener     Health care provider

Date completed: \_\_\_\_\_

	Left eye (select one):	Right eye (select one):
Blink reflex	<input type="checkbox"/> Present <input type="checkbox"/> Absent	<input type="checkbox"/> Present <input type="checkbox"/> Absent
Pupillary response	<input type="checkbox"/> Present <input type="checkbox"/> Absent	<input type="checkbox"/> Present <input type="checkbox"/> Absent
Corneal light reflex	<input type="checkbox"/> Present <input type="checkbox"/> Absent	<input type="checkbox"/> Present <input type="checkbox"/> Absent
Tracking	<input type="checkbox"/> Present <input type="checkbox"/> Absent	<input type="checkbox"/> Present <input type="checkbox"/> Absent
Reaching	<input type="checkbox"/> Present <input type="checkbox"/> Absent	<input type="checkbox"/> Present <input type="checkbox"/> Absent
Comments/suggestions:		
Other screenings (such as acuity screening for children over 2.5 years of age: _____)		

Date Vision Review completed: \_\_\_\_\_